

SAIL (Supporting Active Independent Lives): Ann Albert, the Program Director from SAIL

will be here to speak on the Sense of Security personal emergency system a lifeline that can be installed in your home on Wednesday, April 28th, 2010 at 10:15am.

AARP Driver Safety Program: AARP volunteer Steve Sheets will be conducting the new updated, revised and condensed Driver Safety Class. This class is from 9:00 to 2:00pm on just one day on Monday, April 26th, 2010. You also be able to eat lunch at the Center around 11:15am. The class teaches defensive driving techniques, new traffic laws, how to adjust your driving to age related changes in vision, hearing, mobility and reaction time. The cost of class is \$12 for AARP members and \$14 for non AARP members. Membership in AARP in NOT required. Registration is required. Please call the Senior Center to register, 437-6902. All books and materials are provided. (Some auto insurance carriers provide a discount for those who complete this course. Check with your agent to see if you will qualify).

Family Caregivers Can Get Paid

If you are caring for a family member or a loved one, you can get paid for those cares that you perform. Contact Comfort Keepers at (608) 442-1898 and talk to our Care Coordinator Diane Thompson. She will come to your home, do a free assessment and sign up the one who needs cares. We will hire you to perform those cares for pay and also provide respite caregivers to give you much needed time for yourself.